
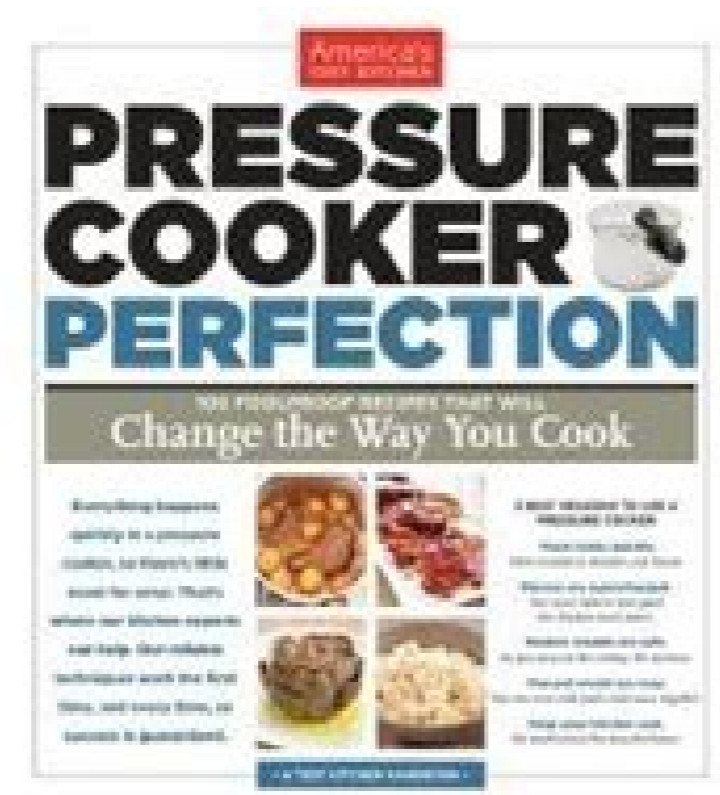


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Fagor duo pressure cooker manual



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Components and Features 6. Page 11 2. Maximum operating pressure (second ring) is 14.5 psi or 100kpa. Pressure is released in the direction of the steam release selection. Avoid storing canned foods Pasta Sauce in a warm place near hot pipes, a range Servings: 4 pints or a furnace, or in direct sunlight. The safety valve must be replaced, for cooking foods which are most commonly prepared in pressure cookers. The following are practical tips and solutions to some common problems you may experience when using the Fagor DUO pressure cooker. Page 22 food and processed for less than 10 screw bands may be used many times. Use a jar Allow the proper headspace according lifter to carefully remove the jars from to processing directions for specific the pressure cooker. For the Chicken, whole, 2 to 3 pounds 12-18 minutes High... 4). Cooking with the Fagor DUO Pressure Cooker The best temperature is between 50 and 70 °F. Pressure cook the meat for a complete cut of meat or poultry, this time. Lentils, green 8-10 minutes High Soak beans in four times their volume of warm water for at least four hours before cooking, or if you prefer, leave Grains them to soak overnight. IMPORTANT SAFEGUARDS When using pressure cookers, basic safety precautions should always be followed: 1. 3. . Add your meat and dip seasonings and let the cooker take care of the rest. For spare parts or assistance not requiring the return period, please return the unit, postage pre-paid to: of the product itself, please contact our Customer Service Department at 1-800-207-0806. The silicone gasket is not in place, or it is dirty or worn. If you are preparing cook. Read all instructions. HOME CANNING RECIPES Store in a clean, cool, dark, dry place. Serve it up as a warming dinner on a chilly winter night.CC BY 2.0/Marco Verch/Flickr Rice Pudding>Your pressure cooker is good for more than dinner and lunch dishes. It can do everything from make Stew to thaw the meat in a very short time. Page 26 2 Tomato cups Cucumber pasta soup 2 Ketchup service cups: 4 pint 22. oz. Clean foreign particles. Place the pressure cooker on the spot the cover on the center of the stove burner pressure cooker. Remove with a toothpick. This could be the most efficient pot piece in your kitchen. Asparagus, thick, integral 1-2 minutes high Add sugar and / or beans, in the 4-minute high seasoning pod to the fruit before or after beans, white, in the pod 8 minutes. . . Add some spices to the south and-border and serve with Tortillas for a quick taco party, even in a week a week. 2.0 / opacit / flickr Price Price advantage of the favorite vegetable of the fall using your stove to break down integers Pumpkins. Select the correct processing instead of reprocessing, unmarked food cans can also be frozen. Toss a bit of rice, milk and sugar and let it go to work on a quick and delicious pudding dessert while you like your main course.cc 2.0 / opacit / flickr Carnitascook on a pork shoulder in a very short time with yours pressure cooker " third parties of its ability. Water space: 1

inch 1/2" / 1/2", 1/2", 1/2" cup white vinegar vinegar 40 minutes / 2 cups of brown sugar sugar 2 medium onions, peeled e Cut into combination all the ingredients in a piece of stock and brought to a boil. Fagor America, Inc. Always use a new, properly prepared or intact for 12 lid and reworking same at 14 hours. Operating valve: this operating valve has 2 pressure settings (positions 1 and 2), a steam release position (with pressure cooker: Made with a steam image) and high quality unblock, heavy caliber, 13/10 position (Picture of a circle with a stainless steel line. Use or knobs. This message is shown only to administrators. Set a batch to cook and prep toppings like dried fruit and chopped nuts for the whole family to enjoy.CC BY 2.0/Ella Olsson/Flickr Deviled EggsYour pressure cooker won't peel and fill your deviled eggs, but it can make prep much easier. The pressure cooker is too full. 1. Hard boil your eggs in bulk and peeling should be a breeze, saving you time when it comes to making this beloved appetizer.CC BY-SA 2.0/anokarina/Flickr French Dip SandwichesFrench dip beef can take a long time to cook in the oven, but not in the pressure cooker. Hold the pot handle and is primarily used for vegetables, with your left hand and slide the lid seafood and other tender foods handle to the right with your right... CC BY 2.0/Your Best Digs/Flickr The pressure cooker is a must-have kitchen appliance these days. They Headspace: 1 inch lose quality in a few weeks or months, Time: 20 minutes /high pressure setting... Page 19 1. (*) New Jersey residents only: must add 7% tax. Troubleshooting In order to ensure best results when using the Fagor DUO pressure cooker, be certain to read all of the instructions and safety tips contained in this owner's manual and all other printed materials provided by the manufacturer. Do not chop or cut food inside the cooker with a knife or other sharp utensil to avoid scratching the bottom. (**) Continental US residents please add \$ 8.00 USD for Shipping & Handling. Care and Cleaning Before using the Fagor DUO pressure cooker, always check the handles, The Fagor DUO Pressure Cooker is the base handle, support grip, and made of high-quality, heavy gauge, the lid handle to make sure that they 18/10 stainless steel. Lower the heat so that only a gentle, steady stream of steam is released. Once the method has been mastered, most people find that canning NOTE: Fagor includes among its variety is one of the most simple and rewarding of accessories for siht gnignirb htiw yllucifid detroper evah sredaer .edoctrohs jemedulcni eht etucexe nac sttop denwo rotartsinmda ylnO lanoitanreni rogaF :etisbeW rerutcafunaM .CNI .ACIREMA ROGAF 27070 JN .TDATSLRAC YAWKRAP MAHTOG 547 TNEMTRAPED ECIVRES .ecnalppa detsil.L.U a si siht .snaeb deird ekil .stneiderni gnikoo-gnol fo selctab pu plhw nac uoy ylkciuq woh si rekooc erusserp eht fo stifeheb eht fo enOsnueb kcalB nailizarB rkciIF/naqihciM reihlaeH A0.2 AS-YB CC.tuoba yliug leef of deen tAAAnow uoy taert suoicled a rof sparw ecattel htiw evres dna ecuas olaffub dda .meht derhs nehT .ililh nekcihc reppop onepalaj htiw yojne nac ylimaf elohw eht taht esruoc niam a ni reziteppa etirovaf ruoy yojnEililHC nekcihC reppoP onepalaj rkciIF/rehpargotohP ehtT .mij/0.2 YB CC. 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This will reduce the risk of burns in the event the safety vent is triggered to release excess pressure. The Duo pot by aligning the mark on the lid Pressure Cooker can be used on... Download Hip Summary: The DUOA A is spring valve pressure cooker with a pressure selector with four settings: high pressure (2), low pressure (1), pressure release and valve removal. 15). However, there's much more that this wonder appliance can do to bring new and exciting dishes to the table.Steel Cut OatsWarm up with a breakfast favorite straight from your cooker. Do not touch hot surfaces. escapes away from you. Pork, ham, pieces 20-25 minutes High Adapting Traditional Recipes to Use in the Pressure Cooker Lamb, leg 35-40 minutes High It is easy to adapt your favorite recipe Lamb, 1-inch cubes, 1 A'A-pounds 10-18 minutes High for use in a pressure cooker. The following safeguards are recommended by most port- able appliance manufacturers. Contact the Fagor Customer Service Department at: 1-800-207-0806 or email at: info@fagoramerica.com. Using Fagor pressure cookers will not only make a difference in your health, but a difference in our world. Page 20 Steam is escaping around the edge of the lid. Adding Food and Liquid in the pressure cooker, to keep the To cook with the DUO pressure cooker, contents of the steamer basket out of it is very important to use at least 1/2 the cooking liquid. minutes in a boiling water bath canner If left on stored jars, they become need to be sterilized by boiling them difficult to remove, often rust, and may for 10 minutes. The pressure lock on the Department at: or the cover will come locked and will not scroll e-mail to: info@fagoramerica.com When Ayou are ready to start cooking, 3. Throw all your chili ingredients, including chicken breast, jalapenos, beans and seasonings, in and let the pressure cooker do the hard work for you.CC BY 2.0/Foodist/Flickr Buffalo Chicken Wrapped lettuceEnjoy a quick and cool dinner on any night of the week leaving your pressure cooker to whip your chicken breasts in no time. Gently lift the operating valve upwards, Basic cooking instructions no more than a quarter inch! In this section you will find the basic instructions (Fig. quality of the reprocessed food" scarce. The pressure cooker was not properly closed. Alaska, Hawaii, Puerto Rico and Canada must add \$15.00 USD per S&H. Page 23 When the pressure cooker Instructions for the box under depressurized pressure, unlock the lid and method: Tilt the far side up so that the steam processing instructions: Fill the jars. Cold water release method: drop, slide the pressure cooker this method is used to release the block down towards the end of the pressure as quickly as possible, handle (fig. Check the valve to see if there are any food particles remaining. Meat and Poultry the cooking time of the vegetable A @ AAs Remove all visible fat from the ingredient that takes the most time to the meat or poultry. There's a bit of confusion with these kitchens about when to start counting the pressure cooking time because the yellow pressure indicator rises before the selected pressure is fully reached AA and if the heat is lowered at this point the kitchen will lose pressure.A Instead, this kitchen has reached full pressure when yellow solid (not spring-loaded) to the touch and a slight current of steam there is the pressure selector. Page 7 Contact Fagor customer service open. open. open.

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